



Part 1 - Used to
1. Use vs. Used to
2. How to use Used to
3. Common Errors
4. Exercises!!!

Part 2 - Hobbies and Activities

- 1. Talking about free time
- 2. Talking about Hobbies and Activities
- 3. Using the right verbs!
- 4. Hobbies & Activities + Used to
- 5. Exercises!





Part 1 Used to





USED TO

What is something that you used to do that you don't do anymore?





USED TO









What do you usually use to make gazpacho? You usually use tomatoes, cucumbers, onion, bread, olive oil, water, vinegar and garlic. But, carrots, red chilli peppers, onions, bread, vegetable oil, water, vinegar and tabasco sauce were <u>used</u> to make this gazpacho.







What do you usually use to make gazpacho? You usually use tomatoes, cucumbers, onion, bread, olive oil, water, vinegar and garlic.

But, carrots, red chilli peppers, onions, bread, vegetable oil, water, vinegar and tabasco sauce were <u>used to</u> make this gazpacho.









USED TO

What is something that you used to do that you don't do anymore?



USE VS. 'USED TO'



to use = usar use it = úsalo it is used = está usado l use it = lo uso l used it = lo usé it is used to ... = se lo usa para... it was used to ... = se lo usó para...





- (infinitive) to use = usar
- (imperative) use it = úsalo
- (adjective) it is used = está usado
- (present simple) | use it = lo uso
 - (past simple) | used it = lo usé
- (passive -present) it is used to ... = se lo usa para...
 - (passive -past) it was used to ... = se lo usó para...





USE VS. 'USED TO'

Did you use to? Do you use it? What's the use? I'm used to it. What is your user name? I used to. Bit by bit, I'm getting used to it. Use it or lose it.

D? I used it. I USED IT ONCE. I USED IT ONCE.

I'm not used to it yet. Sed to it. Get used to it! Get used to it!



USE VS. 'USED TO'

Did you use to?

I used to.





I used to do it. = Yo solía hacerlo. / Antes yo lo hacía.





I used to exercise more. I exercised more frequently before. I do not have as much time now, so... I do not exercise as much now. I no longer exercise as much as I did before.

Solía hacer mas ejercicio. / Antes hacía más ejercicio (ahora no/menos)





I used to read more. =

Solía leer mas ejercicio. (Antes leía mas, ahora no)

I used to live in Colorado = Antes vivía en Colorado (Ahora no vivo allí)

When I was in highschool I used to play American football. = Solía jugar al futbol americano. (Antes jugaba, ahora no)





How do you PRONOUNCE 'used to'?

'used to'







AFFIRMATIVE:

I used to have more free time. Now I don't. You used to ask me lots of questions. Now you dont. She used to have really long hair. Now she doesn't. He used to smoke. Now he doesn't. They used to go out more often. Now they don't. We used to have to wear masks during Covid. Now we don't. There used to be more restrictions. Now things are back to normal.





AFFIRMATIVE:

I used to have more free time. Now I don't. You used to ask me lots of questions. Now you dont. She used to have really long hair. Now she doesn't. He used to smoke. Now he doesn't. They used to go out more often. Now they don't. We used to have to wear masks during Covid. Now we don't. There used to be more restrictions. Now things are back to normal.





NEGATIVE:

I didn't use to have free time. Now I do. You didn't use to ask me lots of questions. Now you do. She didn't use to have long hair. Now she does. He didn't use to smoke. Now he does. They didn't use to go out as often. Now they do. We didn't use to have to wear masks in hospitals. Now we do. There didn't use to be a vaccines for Covid. Now there many!





QUESTION: Did | use to have free time? Did you use to wan't to aks more questions? Did she use to have long hair? Did he use to smoke? **Did they use to go out often? Did we use to get sick more often? Did there use to be more shops open?**





USED TO VS. PAST SIMPLE:

USED TO = durring an undefined long period of time in the past.

I used to have more free time before having kids.

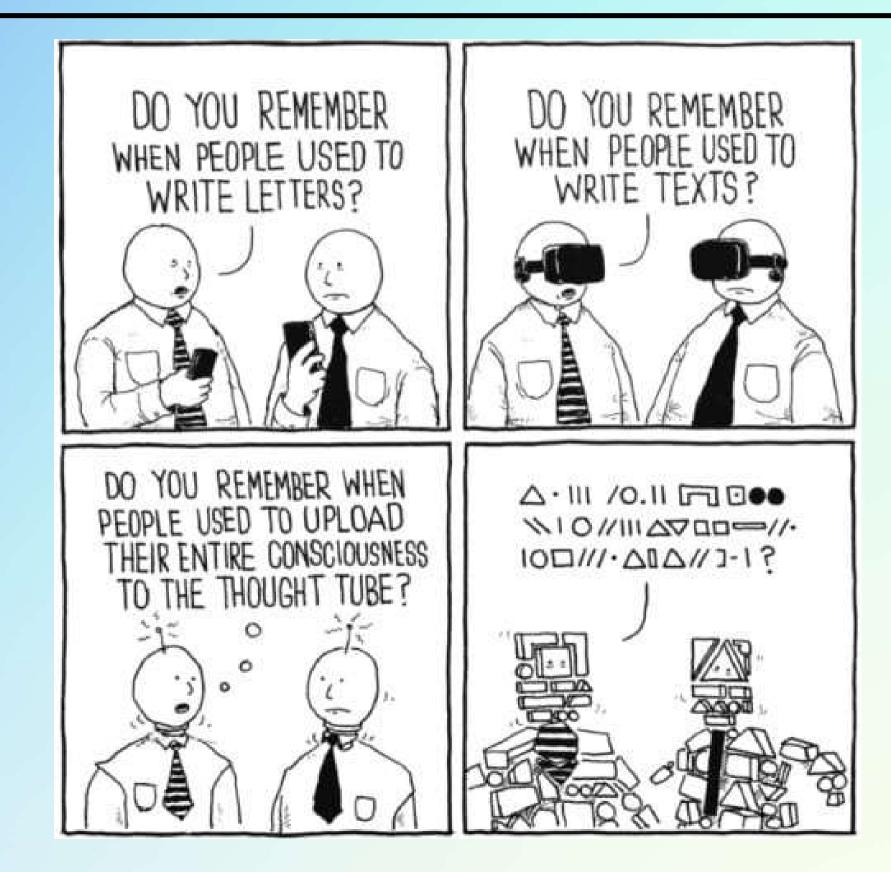
PAST SIMPLE = a more definite period of time in the past. I had more free time before having kids. I had more free time last month compared to this month.





Rewriting EXTINGTION















COMMON ERRORS 8 **CONFUSION !!**















Careful with the time frame!

I used to work on projects for improving city traffic. (quieres decir actualmente)

> I used to read on the weekends. (suelo leer)





Careful with the time frame!

used to work on projects for improving city traffic. (quieres decir actualmente)



I used to read on the weekends. (suelo leer)











Careful with the time frame!

I used to work on projects for improving city traffic. (quieres decir actualmente) I <u>usually</u> work on projects for improving city traffic.



I used to read on the weekends. (suelo leer) I <u>usually</u> read on the weekends.









Careful with the time frame!

I am used to have long hair. (ahora)

I used to travel to Madrid once a month. (suelo voy a Madrid)





Careful with the time frame!

I am used to have long hair. (ahora) I <u>USED TO</u> have long hair. (no verb 'to be') I am USED TO HAVING long hair. (verb in gerund-'ing') (Estoy acostumbrado tener pelo largo)

I used to travel to Madrid once a month. (suelo voy a Madrid) I <u>USUALLY</u> travel to Madrid once a month. (my usual routine)





NEGATIVE & QUESTIONS do NOT have the 'd':

He didn't used to mind. She didn't used to have problems. They didn't used to like Spanish ham. Did she used to work there? Did he used to get paid more? Where did you used to meet with them?





NEGATIVE & QUESTIONS do NOT have the 'd':

He didn't used to mind.		Н
She didn't	problems.	She <u>did</u>
They didn'	anish ham.	They <u>did</u>
Did s	here?	Did
Did h sed to get pa	ai nore?	Did h
Where did you used to me	eet with them?	Where dic

- <u>He didn't use to mind.</u> <u>dn't use to</u> have problems. <u>dn't use to</u> like Spanish ham. she use to work there? he <u>use to</u> get paid more? d you use to meet with them?











EXERCISE TIME! **USED TO**









USED TO

EXERCISE 1: Choose the correct form. Note: there may be more than one correct answer.

(Elige la forma correcta; puede ser más que una respuesta correcta)

a. usually c. use to

1. I work in a bank, but now I'm working as an auditor.





USED TO

EXERCISE 1: Choose the correct form. Note: there may be more than one correct answer.

(Elige la forma correcta; puede ser más que una respuesta correcta)

2. We go for walks on the weekends.

a. usually c. usual





EXERCISE 1: Choose the correct form. Note: there may be more than one correct answer.

(Elige la forma correcta; puede ser más que una respuesta correcta)

3. They don't _____ open before 12:00.

a. usually b. used to

c. use to





EXERCISE 1: Choose the correct form. Note: there may be more than one correct answer.

(Elige la forma correcta; puede ser más que una respuesta correcta)

4. My grandfather ______ to tell us stories about his childhood.

a. usually b. used c. used to





EXERCISE 1: Choose the correct form. Note: there may be more than one correct answer.

(Elige la forma correcta; puede ser más que una respuesta correcta)

5. Before smart phones we didn't ______ spend as much time _____ our phones.

a. usually, to used to b. use to, using c. very usually, to use





EXERCISE 1: Choose the correct form. Note: there may be more than one correct answer.

(Elige la forma correcta; puede ser más que una respuesta correcta)

6. People who haven't lived here, think that everyone in Spain _____ has a siesta after lunch.

- b. used to
- c. uses to





MORE EXERCISES! **USED TO**









EXERCISE 2: Used to vs Usually. Choose the right form of the verb. (Elija la forma de verbo correcto)

- 1. When we were children, we used
- a. to go
- b. go
- c. to going

to the mountains every summer.





- 1. When we were children, we used to go to the mountains every summer.
- a. to go
- b. go
- c. to going





EXERCISE 2: Used to vs Usually. Choose the right form of the verb. (Elija la forma de verbo correcto)

2. There used a great, old restaurant on that corner, but it closed.

a. to be

b. to being

c. be





EXERCISE 2: Used to vs Usually. Choose the right form of the verb. (Elija la forma de verbo correcto)

2. There used to be a great, old restaurant on that corner, but it closed.

a. to be b. to being c. be





EXERCISE 2: Used to vs Usually. Choose the right form of the verb. (Elija la forma de verbo correcto)

- 3. The team used to _____ more often against
- a. win
- b. winning
- c. wins

more often against the lower-ranked teams.





- 3. The team used to win more often against the lower-ranked teams.
- a. win
- **b.** winning
- c. wins





- 4. The team usually ______ against the lower-ranked teams.
- a. win
- **b.** winning
- c. wins





- 4. The team usually wins against the lower-ranked teams.
- a. win
- **b.** winning





EXERCISE 2: Used to vs Usually. Choose the right form of the verb. (Elija la forma de verbo correcto)

5. Did you eat more healthily when you were a child, or now? Carl Starting

a. used to

b. use to

c. usually





- Did you use to eat more healthily when you were a child, or now? 5.
- a. used to
- c. usually





- 6 She usually _____ lots of salt.
- a. use
- b. used to
- c. uses





- 6 She usually <u>uses</u> lots of salt.
- a. use
- b. used to
- c. uses





EXERCISE 3: Translate the following sentences from Spanish to English. (Traduce la frase de español a inglés)

1. ¿Dónde vivían antes?

- 2. ¿Antes era tu jefa?
- 3. Antes fumaba. (él)
- 4. Solíamos ir a los pirineos durante el verano.
- 5. Normalmente quedamos en ese bar.







EXERCISE 3: Translate the following sentences from Spanish to English. (Traduce la frase de español a inglés)

- 1. ¿Dónde vivían antes?
 - Where did they use to live? (Where did they live before?)
- **2.** ;Antes era tu jefa?

Did she use to be your boss? (Was she your boss before?)

- 3. Antes fumaba. (él) He used to smoke.
- 4. Solíamos ir a los pirineos durante el verano. We used to go to the Pyrenees for the summer.
- 5. Normalmente quedamos en ese bar. We usually meet at that bar.





EXERCISE 3: Translate the following sentences from Spanish to English. (Traduce la frase de español a inglés)

6. Las reuniones suelen durar más de una hora.

7. Solía ser fácil conseguir una plaza de aparcamiento allí.

8. ¿Qué solías hacer?

9. ¿Qué sueles hacer?

10. Normalmente veo las noticias durante el desayuno.





EXERCISE 3: Translate the following sentences from Spanish to English. (Traduce la frase de español a inglés)

- 6. Las reuniones suelen durar más de una hora. The meetings usually last more than an hour.
- 7. Solía ser fácil conseguir una plaza de aparcamiento allí. It used to be easy to get a parking space there.
- **8.** ¿Qué solías hacer? What did you used to do?
- **9.** ¿Qué sueles hacer?

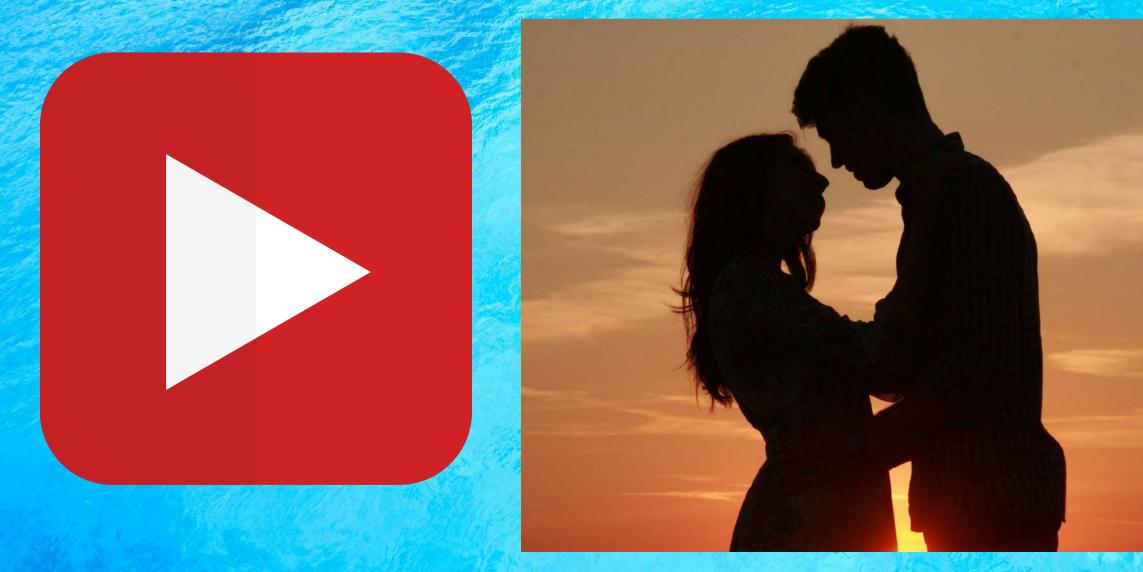
What do you usually to do?

10. Normalmente veo las noticias durante el desayuno. I usually watch the news during breakfast.





EXERCISE 4: Listen to the music & read the lyrics. How many uses of 'used to' can you hear/see? (Escucha la música y lee la letra. ¿Cuántos usos de 'solía' puedes escuchar/ver?)







EXERCISE 4: Listen to the music & read the lyrics. How many uses of 'used to' can you hear/see? (Escucha la música y lee la letra. ¿Cuántos usos de 'solía' puedes escuchar/ver?)









EXERCISE 4: Listen to the music & read the lyrics. How many uses of 'used to' can you hear/see? (Escucha la música y lee la letra. ¿Cuántos usos de 'solía' puedes escuchar/ver?)

I Used to Love You by Gwyn Stefani

by Miley Cyrus Slide Away

Love Again by Dua Lipa =

Used to Love by Martin Garrix

Somebody That I Used to Know

=







EXERCISE 4: Listen to the music & read the lyrics. How many uses of 'used to' can you hear/see? (Escucha la música y lee la letra. ¿Cuántos usos de 'solía' puedes escuchar/ver?)

I Used to Love You by Gwyn Stefani = 3 ...that I used to love you I used to love you I used to love you

by Miley Cyrus **Slide Away** = 1 I'm not who I used to be

Love Again by Dua Lipa = 3 I used to think that I was made of stone I used to spend so many nights on my own Used to be afraid of love

Used to Love by Martin Garrix = 4 ...place that used to feel like us We used to hold hands We can't go back to the way we used to love We can't go back to the way we used to love

Somebody That I Used to Know by Gotye = 2 Now you're just somebody that I used to know Now you're just somebody that I used to know

13 TOTAL



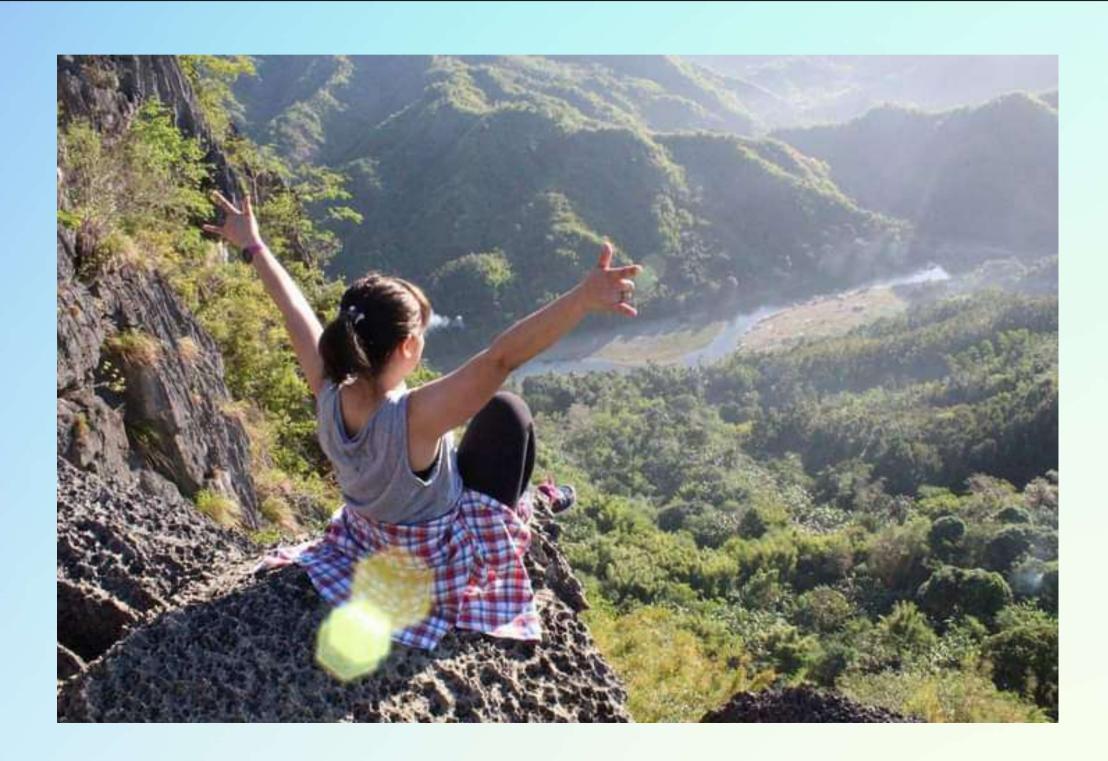


Part 2 Hobbies & Activities





Hobbies & Activities Talking about free time









'Free time' or leisure time' is one of the most valued commodities of our modern era. Let's look at how we talk about it in English.



Hobbies & Activities **Talking about free time**

'Free time' or leisure time'

- is one of the most valued commodities of our modern era. Let's look at how we talk about it in English.

First, we have to clarify the difference between free time and time off:

free time = time for yourself.









time off = time away from work.



Hobbies & Activities Talking about free time



- 'Free time' or leisure time' is one of the most valued commodities of our modern era. Let's look at how we talk about it in English.
- First we have to clarify the difference betwe
- First, we have to clarify the difference between free time and time off:
- free time = time for yourself.time off = time away from work.EXAMPLE:

I have tomorrow off (from work), but I won't have much free time. I have a doctor's appointment in the morning and then I have to help my sister move house. I will have more free time this weekend to relax.



How do we talk about hobbies and activities?







How do we talk about hobbies and activities?

Which of these sentences is correct?

I enjoy to read. I play to padel with my friends. I don't usually practice sport during the workweek. We are doing trekking next week. Do you do any sports? I like to make exercise at least three times a week.





How do we talk about hobbies and activities?

VERBS – There are many ways to say what you like to do:

Disfruto pintando. Me mola la pintura. Me encanta pintar.

I like painting in my free time.

- l enjoy painting.
- I'm fond of painting. Soy aficionado a la pintura.
- I'm keen on painting.
- I'm passionate about painting.
 - l'm into painting.
 - l love painting.
 - I paint in my free time.

I spend a lot of time painting when I can. (NOTE: we don't say: I pass a lot of time.)



- Me gusta pintar en mi tiempo libre.
- Me interesa mucho pintar.
- Soy un apasionado de la pintura.
- Pinto en mi tiempo libre.
- Paso mucho tiempo pintando cuando puedo.
- (NOTA: no decimos: 'pass' mucho tiempo).





How do we talk about hobbies and activities?

Adverbs – Common adverbs we use include: regularly, often, frequently

- I often restore cars on weekends.
- I volunteer for the cancer society regularly. regularidad.
- We frequently go camping in the Pyrenese.



A menudo restauro autos los fines de semana.

Soy voluntario de la sociedad contra el cáncer con

Frecuentemente vamos de acampada a los Pirineos.





How do we talk about hobbies and activities?

- **Benefits When talking about the benefit we get from different** activities we can say:
 - (Generaly) it helps me...
- relax/unwind (it's relaxing, de-stressing) chill out / kick back (it's fun, social, entertaining) **disconnect** (it's interesting, exciting, imaginative, I forget about work) recharge my batteries (it gives me energy, it rejuvenates me, makes me happy)
 - relajarse/descansar (es relajante, desestresante) relajarse / relajarse (es divertido, social, entretenido) desconectar (es interesante, emocionante, imaginativo, me olvido del trabajo) recargar mis pilas (me da energía, me rejuvenece, me hace feliz)







How do we talk about hobbies and activities?

- **Benefits When talking about the benefit we get from different** activities we can say:
 - (Physically) it helps me...
 - get fit get in shape stay/keep in shape lose weight keep the weight off feel good
- Ponerse en forma Ponerse en forma mantenerse en forma perder peso mantener el peso fuera sentirse bien





Hobbies & Activities



How do we talk about hobbies and activities?

Benefits – When talking about the benefit we get from different activities we can say: (Socially) it helps me...

reunirse con amigos/familiares pasar tiempo con amigos/familia estar con/pasar el rato con amigos/familia ponerme al día con mis amigos/familia divertirme con mis amigos/familia

meet up with friends/family spend time with friends/family be with/hang out with friends/family catch up with my friends/family have fun with my friends/family







How do we talk about hobbies and activities?

Which of these sentences is correct?

I enjoy to read. I play to padel with my friends. I don't usually practice sport during the workweek. We are doing trekking next week. Do you do any sports? I like to make exercise at least three times a week.







How do we talk about hobbies and activities?

Which of these sentences is correct?

I enjoy to read. I play to padel with my friends. I don't usually practice sport during the workweek. We are doing trekking next week. **I like to make exercise** at least three times a week.



Hobbies & Activities



How do we talk about hobbies and activities?

Which of these sentences is correct?

I enjoy reading. (enjoy +ing) I play padel with my friends. (no 'to' with play) I don't usually exercise during the workweek. We are going trekking next week. Do you do any sports? I like to (do) exercise at least three times a week.





Hobbies & Activities Which verb do we use?

What verb is used with each activity below?

play go do

karate meditation out with friends tennis aerobics judo football mountain biking boardgames fishing yoga cycling videos volleyball swimming padel meditation skiing golf beers hiking rugby song the gym jogging taekwondo hockey gardening radio coffee crochet boardgames ballet the cinema/movies the piano/guitar dancing

practice



PLAY Rule 1:

We use play for games that have winners and losers.

"I play padel on Fridays with some friends from my apartment block."

table tennis / pingpong



PLAY football

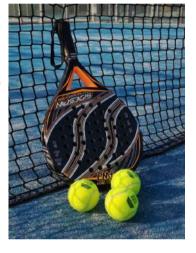






music











volleyball



handball



board games

4.

V





9







trivial pursuit



PLAY



video games



foosball







billiards / pool



DO

Rule 2:

We use do for other activities usually <u>individual in nature</u>.

"I do yoga early in the mornings before going to work." pottery



DO

archery



Tai Chi

gymnastics



wood work /carpentry













<image>



GO

Rule 3:

We use go for other activities usually that we <u>don't/cannot do at home</u>.

"I usually go dancing with friends from work."



horse riding





mountain

biking





cycling













hiking

trekking



snow boarding

skiing

fishing



swimming

surfing









Rule 4:

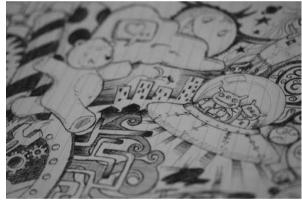
We use specific verbs for other activities (usually individual in nature).

"I collect old coins." "I enjoy restoring old cars." "I volunteer for an animal shelter."





draw/doodle



collect









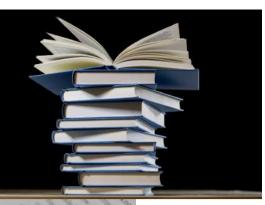


work out

















invest





Rule 5:

- Generally, we do NOT usually use 'practice' when referring to general hobbies, unless 1) talking about the activity that focuses on a <u>specific technique</u>, 2) <u>martial art-type discipline</u>, or 3) if it refers to preparation for a <u>competition or</u> <u>performance</u> such as with music, dance or a game.
 - "I practice meditation."
 - "He needs to practice his passing techniques." "She's going to dance practice."

techniques for performances





THE 3 MOST <u>Important</u> Practice Techniques







meditation





self defense



memory & mindfulness



yoga

relaxation techniques



HOW TO PRACTICE BUDDHIST MEDITATION? 15 OF THE BEST TECHNIQUES IN BUDDHISM

CLASSICAL CHINESE DANCE TECHNIQUES

specific techniques

PRACTICE MAKES MAKES PERFECT

SHADING TECHNIQUES

PRACTICING POSITIVE POSITIVE LEADERSHIP

KIM CAMERON

Bestselling author of Positive Leadership

Read How You Want



Hobbies & Activities Which verb do we use?

What verb is used with each activity below?

do

go

play

practice

have





Hobbies & Activities Which verb do we use?

What verb is used with each activity below?

play **PLAY** tennis **PLAY football PLAY volleyball PLAY padel PLAY** golf **PLAY rugby PLAY hockey PLAY handball PLAY board games PLAY the piano/guitar PLAY the radio PLAY the song PLAY the video**

go

GO jogging **GO** dancing **GO** skiing GO hiking GO mountain biking **GO** fishing **GO** cycling **GO** swimming GO to the gym GO to the cinema/movies GO out with friends... GO (out) for coffee, a drink, lunch

do

- **DO** aerobics
- DO yoga* DO judo
- **DO** karate

- **DO crochet**

practice

DO ballet (dance) DO taekwondo **DO meditation* DO** gardening ***Only these can be** used with practice

practice yoga+ practice meditation*

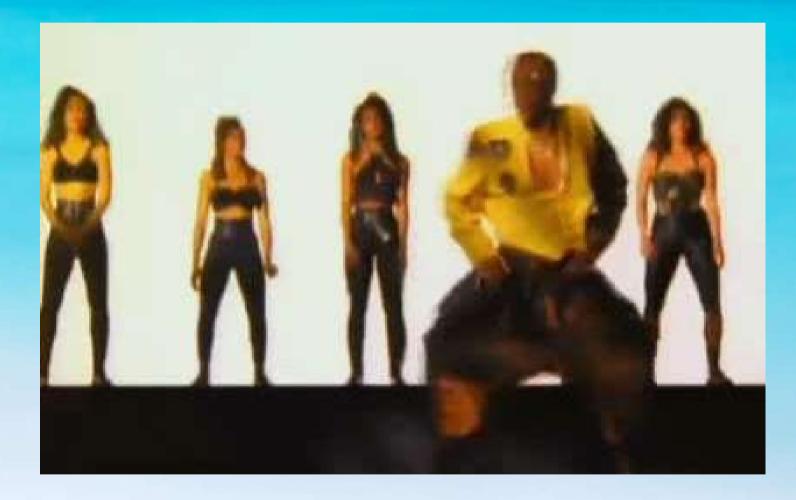
have

HAVE coffee, HAVE a drink **HAVE lunch HAVE dinner HAVE some beers**





EXERCISE TIME Hobbies & Activities







EXERCISE TIME Hobbies & Activities

EXERCISE 5: Conjugate the following verbs in order to complete the sentences: (Conjuga los siguientes verbos para completar las oraciones)

- 1. Do you want to come with us, we are <u>hiking this weekend?</u>
- 2. I like to _____ yoga in the local yoga center.
- 3. She has to _____ violin for her concert next week.
- 4. Would you like to come with us to _____ a quick coffee?
- 5. We are _____ padel tomorrow if you want to join us.
- 6. I really enjoy _____ in the mornings.
- 7. She _____ spinning on Thursdays.
- 8. What time are you _____ to work out?
- 9. We _____ out to the movies on Friday.
- 10. They want to _____ up for beers on Saturday.





EXERCISE TIME Hobbies & Activities

EXERCISE 5: Conjugate the following verbs in order to complete the sentences: (Conjuga los siguientes verbos para completar las oraciones)

- 1. Do you want to come with us, we are <u>going</u> hiking this weekend?
- 2. I like to <u>do</u> yoga in the local yoga center.
- She has to practice violin for her concert next week. 3.
- 4. Would you like to come with us to <u>have</u> a quick coffee?
- 5. We are playing padel tomorrow if you want to join us.
- I really enjoy <u>exercising</u> in the mornings. 6.
- 7. She <u>does</u> spinning on Thursdays.
- 8. What time are you <u>going</u> to work out?
- 9. We <u>going</u> out to the movies on Friday.
- 10. They want to <u>meet</u> up for beers on Saturday.





Hobbies & Activities + USED TO

What did hobbies and activities use to be like?





Hobbies & Activities + USED TO What did life use to be like?

I'M SENDING CHESTERFIELDS to all my friends. That's the merriest Christmas any smoker can have – Chesterfield mildness plus no unpleasant after-taste Renald Reagan

ter EONALD REAGAN proing in "HONG KONG" a Pine-Themas Paramount Production







Hobbies & Activities + USED TO What did cities used to look like?









Hobbies & Activities + USED TO What did we used to eat?





Hobbies & Activities + USED TO What did transportation did we use to use?







Hobbies & Activities + USED TO

What did we use to wear?



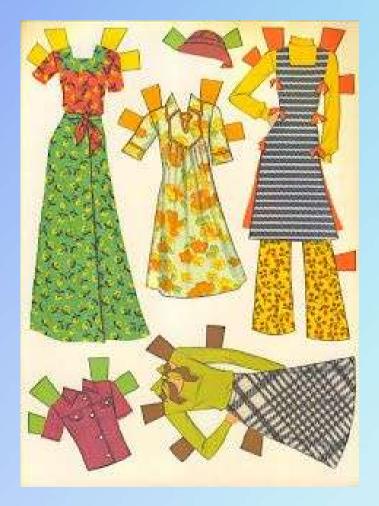


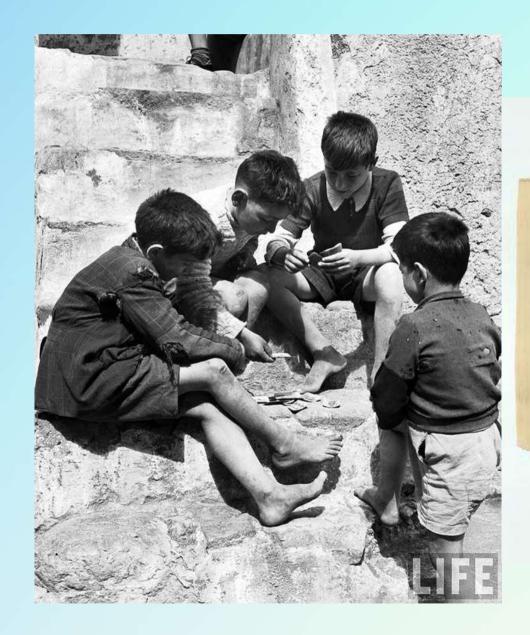






Hobbies & Activities + USED TO How did kids use to spend their free time?







todocoleccion





Hobbies & Activities + USED TO How did kids use to spend their free time?









Hobbies & Activities + USED TO What did we use to do for fun?











Hobbies & Activities + USED TO

What did we use to do for exercise?

























Dedicate time Work hard Practice Focus Have







Dedicate time Work hard Practice Focus Have

FUNE





