

A photograph of four young adults sitting around a table outdoors, laughing heartily. From left to right: a Black man in a blue shirt, a woman with dark curly hair in a black leather jacket, a woman with long dark hair in a denim jacket, and a blonde woman in a white t-shirt. A man in a green shirt is seen from the back, also laughing. The background shows a patterned wall and a building entrance.

For better or for worse

relationships



Hitting it off

Structure

Starting off right

How to establish a good relationship

Relationship vocabulary

Useful vocabulary focussed on relationships

Do's & Don'ts

How to maintain a professional relationship

Phrasal verbs

The value of understanding them in relationships

Gradability in adjectives

How to identify gradable and ungradable adjectives

Idioms

Some relationship idioms to improve your vocabulary.



Do you get (it) on with your colleague?

The importance of phrasal verbs



40%

Of workplace romances are with managers

61%

Amount of people who have had a workplace romance

Less than 1 in 5

employees that think workplace romance is unprofessional

Establishing a professional relationship

Starting off right





- 1. Asking about someone's day:**
How are things with you today?
How's your day going so far?
Did you have a good day?

Establishing

a professional relationship

What not to do

Depending on AI

1. How has your day unfolded thus far?
2. I'm curious to know how your day has transpired. Care to share?
3. What noteworthy occurrences have characterized your day?
4. In what manner has your day transpired?
5. Can you elucidate the happenings of your day?
6. I'd love to hear an overview of your day's proceedings.
7. Would you be willing to offer a glimpse into your day's journey?
8. Could you paint a picture of the canvas of your day for me?



2. Expressing politeness:

Please, have a seat.

Can I get you a cup of coffee or tea?

Thank you for your help.

3. Initiating Small Talk:

Have you been with the company long?

What do you like to do outside of work?

Do you have any plans for the weekend?

Establishing

a professional relationship





Professional relationship

How to establish it

4. Giving and Receiving Compliments

You did an excellent job in the meeting

Your work is always so impressive.

I really admire your problem-solving skills.

The Do's

How to maintain a professional relationships

1. Communication
2. Respect
3. Punctuality
4. Collaboration
5. Conflict Resolution
6. Professionalism
7. Work Ethic
8. Confidentiality
9. Feedback
10. Adaptability





The don'ts

1. Gossip
2. Disrespect
3. Tardiness
4. Undermining
5. Avoiding Conflict Resolution

The don'ts



Things to avoid in a professional relationship



6. Unprofessional Behaviour
7. Negligence
8. Breach of Confidentiality
9. Ignoring Feedback
10. Resistance to Change

Gradable vs ungradable

The pizza is delicious

Life in Spain is wonderful

The weather is beautiful

Teruel is cold in winter



Gradable adjectives

Expressing different degrees

deeply

fairly

immensely

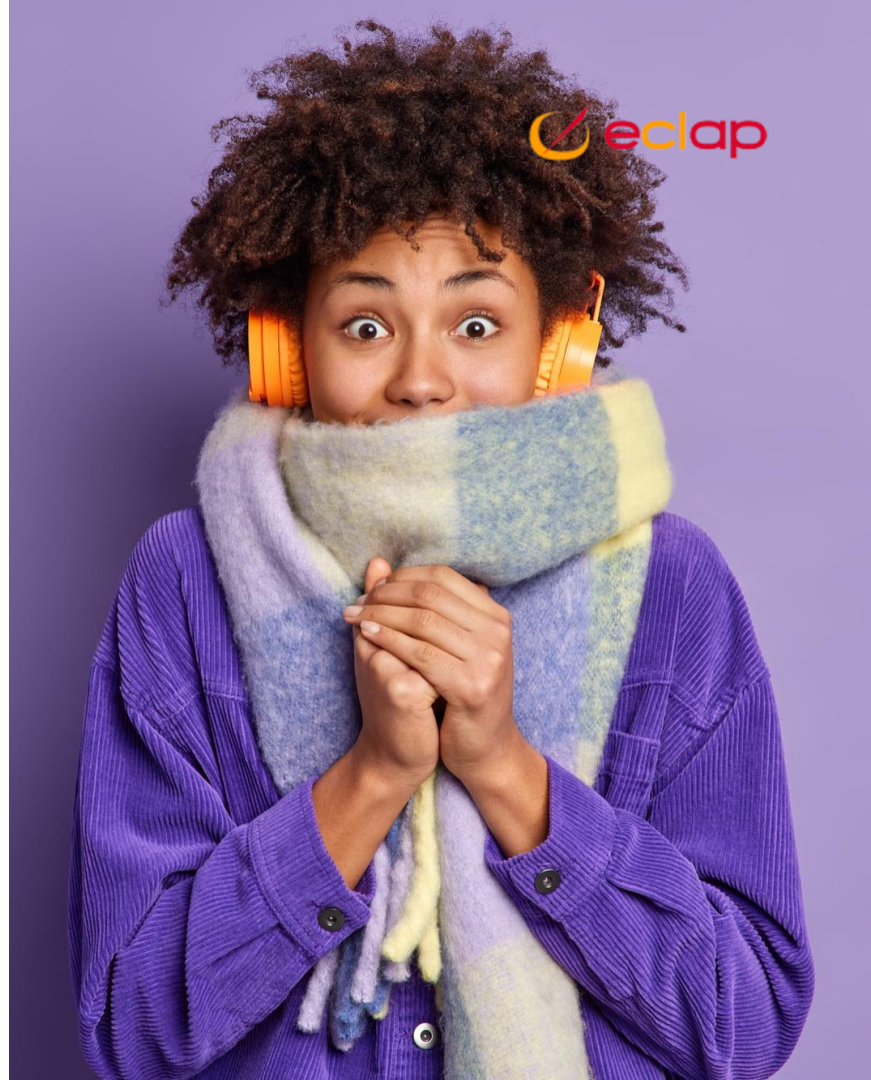
rather

really

extremely

very

cold, angry, happy



1. The team is **slightly embarrassed** by their poor performance in front of the home fans.
2. Mathias was **fairly envious** of Brian's trip to the Maldives, and he would have like to go too.
3. The coffee was **incredibly hot**; I had to wait for it to cool down.
4. The water in the pool is **refreshingly cool** on a hot summer day
5. The new software is **remarkably user-friendly**, making it a breeze to use.

Gradable adjectives

Examples

Ungradable adjectives

They are a category of adjectives that describe qualities or characteristics which are either all-or-nothing, without varying degrees or degrees of comparison.

For example: she is pregnant.

The adverbs that can go with both are **pretty, quite, really**

1. Modifying a gradable adjective:

The weather was **quite hot** today, and I had to stay in the shade to avoid the sun's intense heat.

2. Modifying an ungradable adjective:

The professor's lecture was **quite fascinating**; even the most disinterested students were engaged.

Exceptions

Confusing adverbs

Exceptions

Confusing adjectives

1. Richard is **British** by birth but moved to Spain 20 years ago.
2. Despite living in Spain, Richard remains very **British** in his behaviour.



Gradable vs ungradable



Translations

PHRASE	SIGNIFICADO
The meal at the new restaurant was quite delicious ; each dish was prepared with care and attention to detail.	La comida en el nuevo restaurante fue bastante deliciosa ; cada plato estaba preparado con esmero y atención al detalle.
Despite the difficulties, she remained fairly cheerful , always wearing a smile and spreading positivity.	A pesar de las dificultades, se mantuvo bastante alegre , siempre con una sonrisa y difundiendo positivismo.
The concert was quite amazing ; the music and the light show combined to create an unforgettable experience.	El concierto fue increíble ; la música y el espectáculo de luces se combinaron para crear una experiencia inolvidable.
Trying to swim across the ocean without any help is absolutely impossible for a human.	Intentar cruzar a nado el océano sin ayuda es absolutamente imposible para un ser humano.
When he heard the news of his best friend moving to another country, he felt utterly broken-hearted .	Cuando se enteró de que su mejor amigo se iba a vivir a otro país, sintió que se le rompía el corazón .
She was fairly upset when she realized she had left her phone at the restaurant.	Se enfadó bastante cuando se dio cuenta de que se había dejado el teléfono en el restaurante.

Relationship Vocabulary



Acquaintance

I ran into an old **acquaintance** from my college days while shopping at the mall yesterday.



Buddy

My **buddy** and I are planning to go fishing this weekend to relax and catch up



Relationship Vocabulary



Crush

I finally found the courage to talk to my long-time **crush** at the party last night



Spouse

Her new **spouse** was happy to kiss her.



Relationship phrasal verbs



Blurt out

Say suddenly without thinking

I accidentally **blurted out** a secret during our conversation, and now I regret revealing it.

Fend off

To defend yourself

The young artist continued to create, determined to **fend off** criticism and pursue their passion for painting.

Bottle up

To repress or conceal

She often **bottled up** her feelings, concealing her true emotions even at home

Keep up

To continue a course of action

Sarah tried her best to **keep up** appearances and maintain a cheerful facade for her friends and family.

Choke back

To suppress a strong emotion

As she delivered her heartfelt eulogy, she struggled to **choke back** tears.

Shoot down

To dismiss someone forcefully

During the debate, he was always ready to **shoot down** an argument with well-researched facts and logical reasoning.

Relationships

Expressions



Relationship idioms

1. Tying the knot - getting married
2. Cast my net - look around for someone else
3. Bolt from the blue - a total surprise
4. Time on her hands – plenty of free time
5. Calling the tune - in charge



Relationship idioms

6. Carrying a torch for – in love with
7. Rolled up her sleeves - behaved very practically
8. At death's door - very ill
9. Giving me the cold shoulder - ignoring me
10. Get a grip – take charge, get in control



Thanks!

Does anyone have any questions?