

WELLCOME

Own your mistakes with Cristel Carrisi



get fired

raise
a child

failure

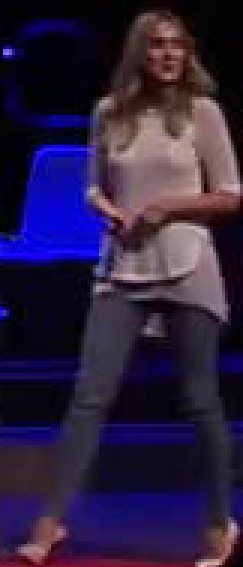
bring up

sobber

relatable

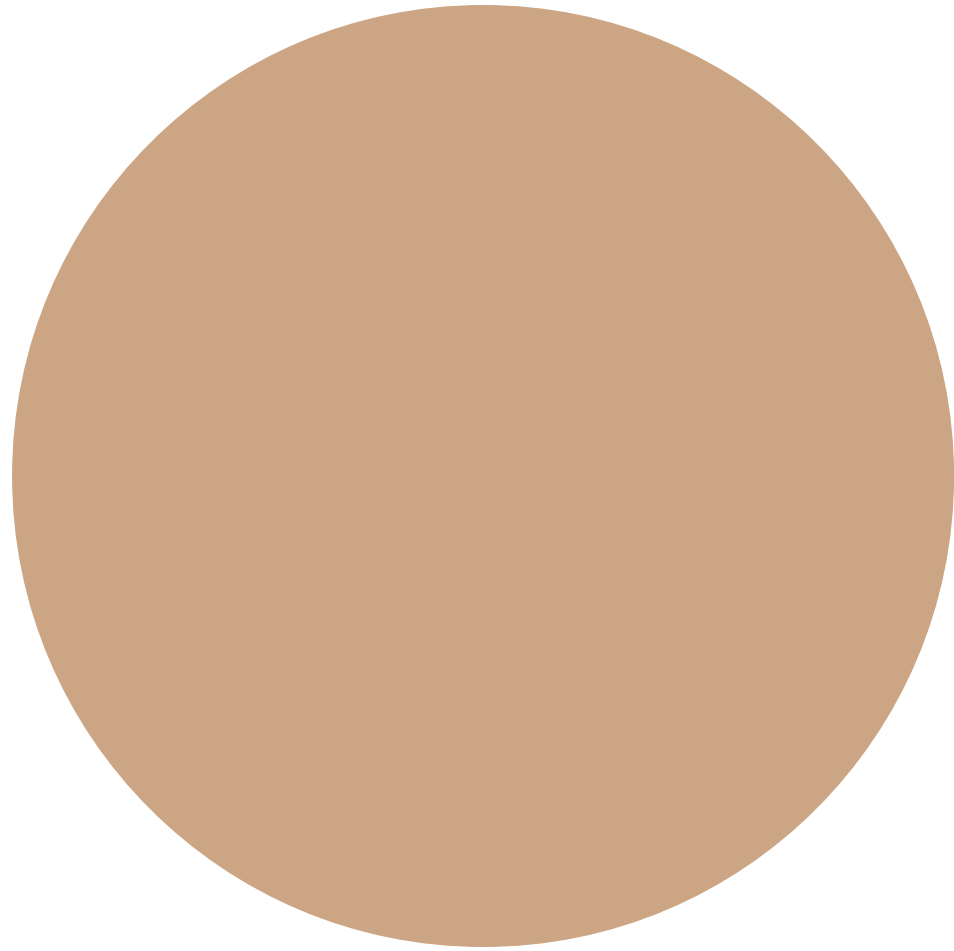
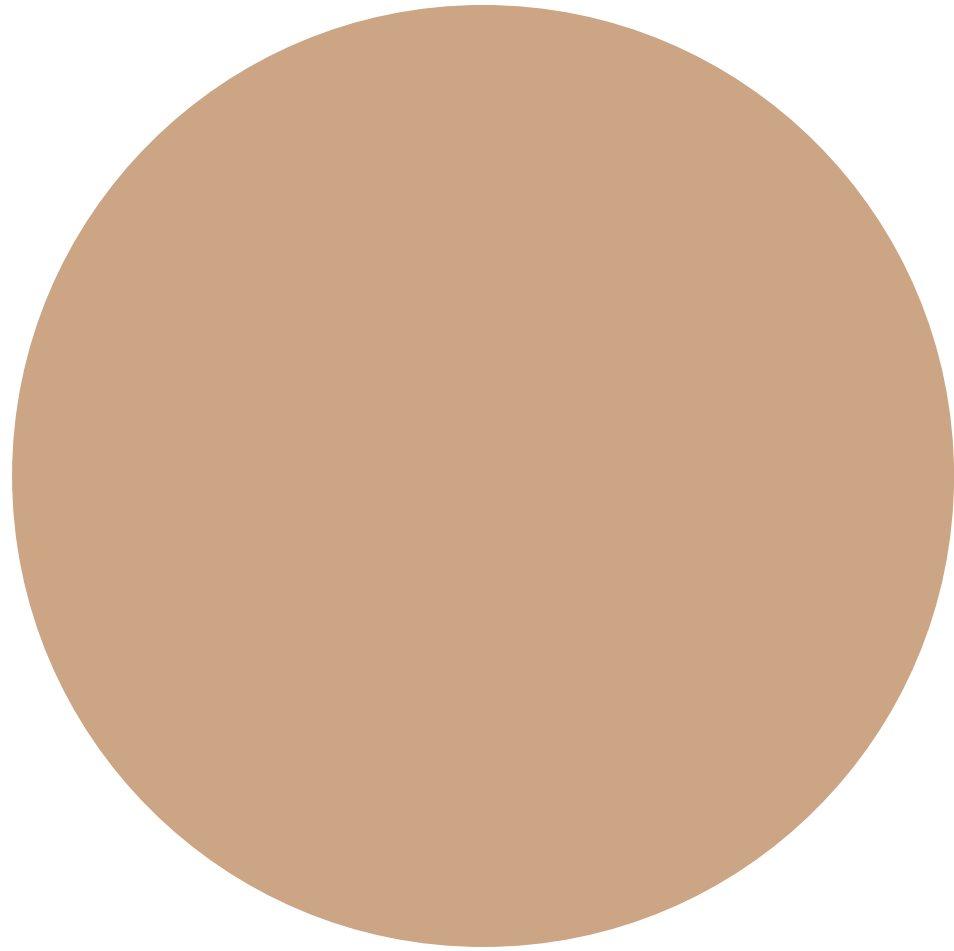
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TEDx Zagreb



So, it's hard to talk about _____, isn't it? It's probably one of the most uncomfortable topics that you can _____. No one likes to admit to them and yet, it's the most _____ topic. Everyone in this room has failed at something at some point. There's the little things like failing an exam or a driver's test, a diet regime... And then there is the big things that touch us all in life like the failure to keep a family together, _____, failure to keep _____ or to _____ properly.

So, it's hard to talk about failure, isn't it? It's probably one of the most uncomfortable topics that you can bring up. No one likes to admit to them and yet, it's the most relatable topic. Everyone in this room has failed at something at some point. There's the little things like failing an exam or a driver's test, a diet regime... And then there is the big things that touch us all in life like the failure to keep a family together, getting fired, failure to keep sober or to raise a child properly.



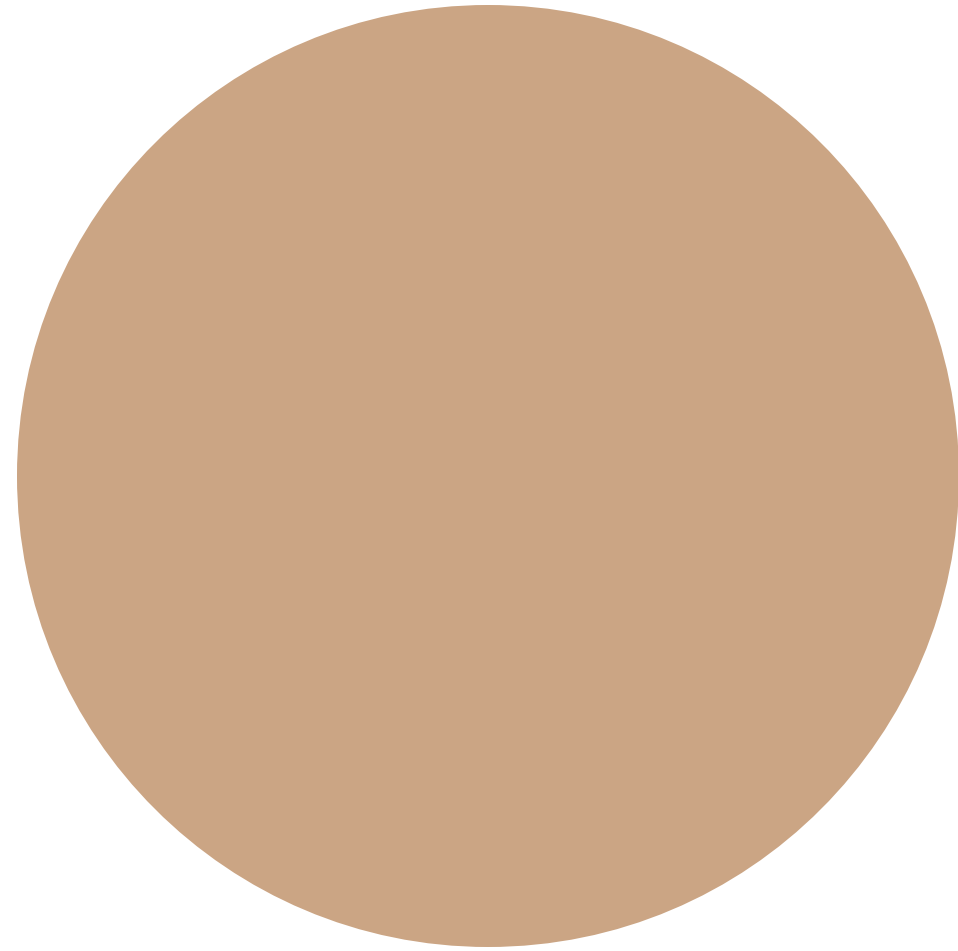
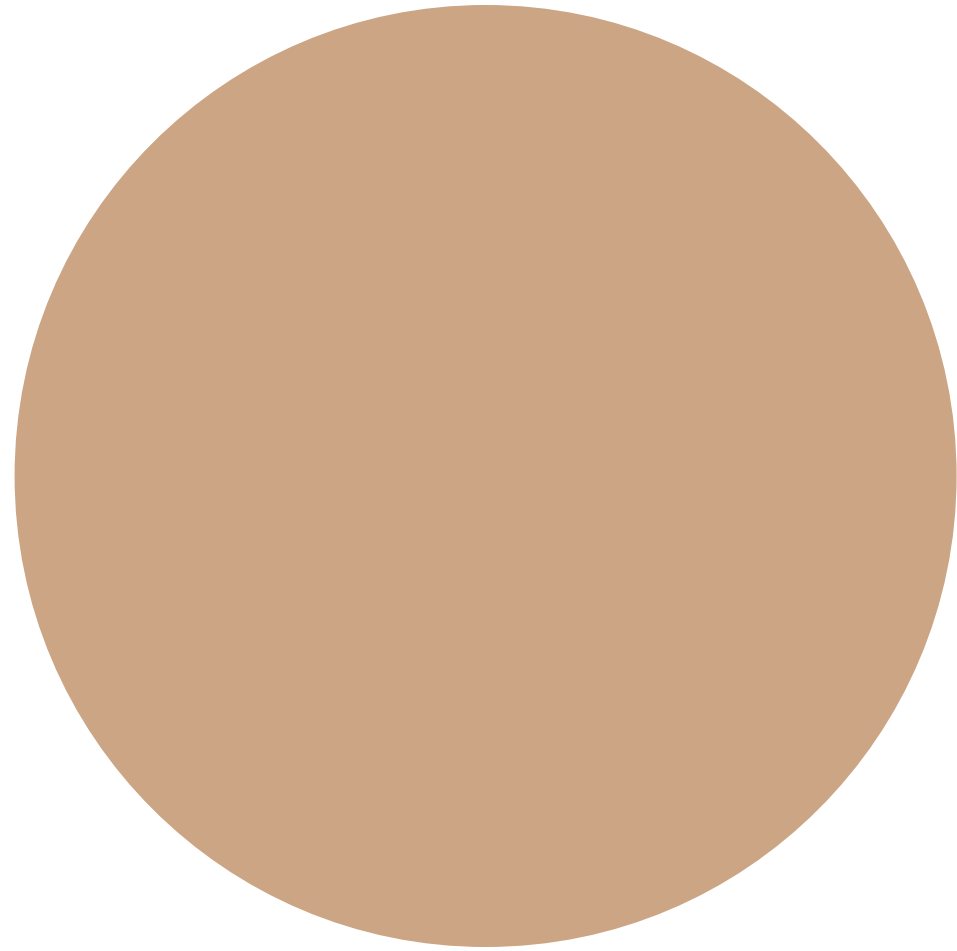
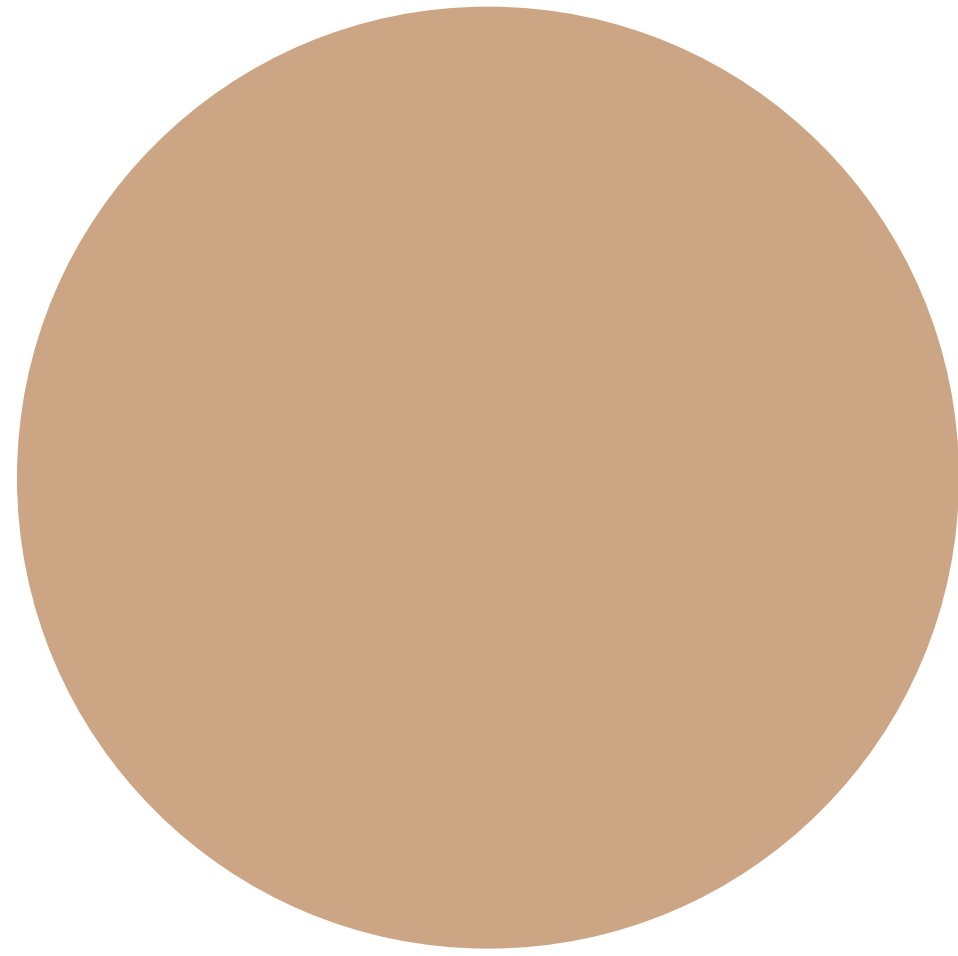
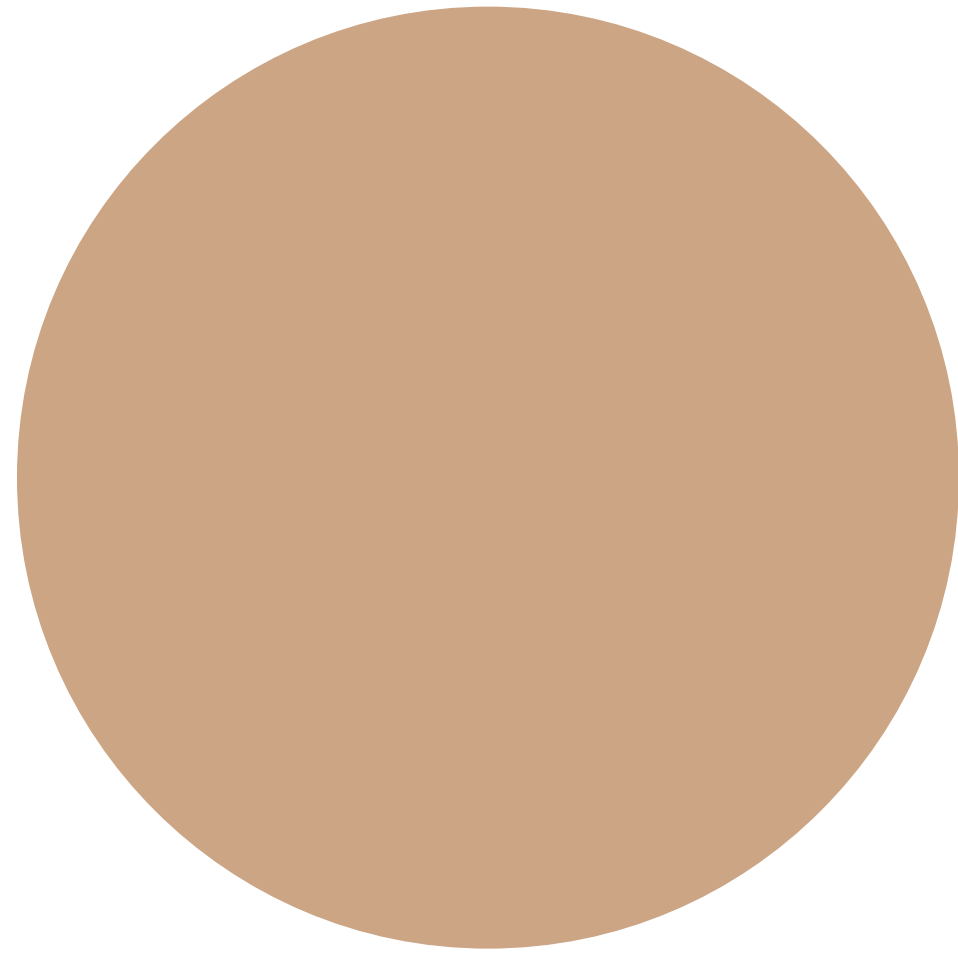


So when I was 24, I founded my first company, my fashion brand, my swimwear brand. And I put seven years of blood, sweat and tears into this company. I worked so hard, I truly gave it my all until one day I found myself sitting at the desk of my accountant crying and whining because he was telling me that it was time to close down my company. It just wasn't making financial sense to keep it open anymore. And I was just looking at him like you're crazy. How can I close down? This is so _____. Like... this brutta figura. It's so shameful. What are people gonna say? What are people gonna think? And he looked at me exasperated because honestly this wasn't the first time we were having this conversation, it was probably our fifth. I just couldn't admit failure. I couldn't admit to the shame that I thought failure was wrapped in. But he finally looked at me and he said something to me that really resonated with me and it _____ freed me. He said to stop focusing so much on the end result, on the fact that I had to close down my company but to give myself the right amount of credit for all the amazing work that I had put in over these seven years and all the accomplishments that I had achieved.

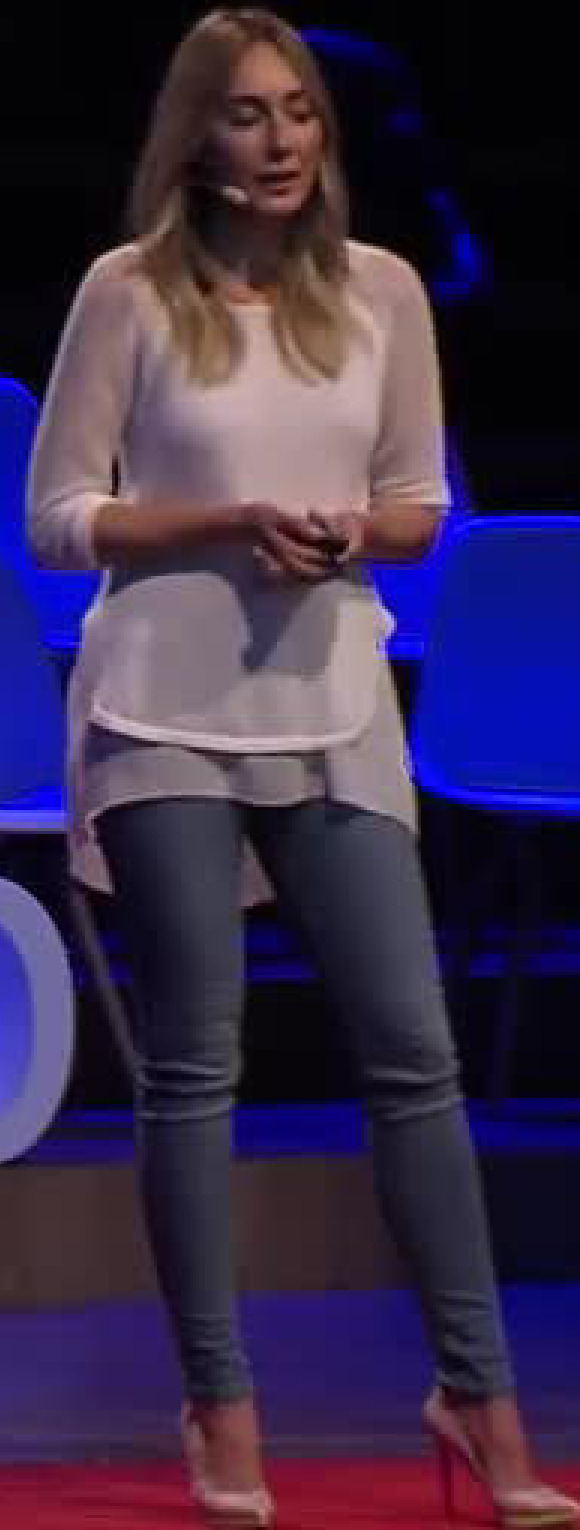
embarrassing

eventually

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TEDx Zagreb



In the end we think that failure, or at least we hear so much how failure should be inspiring. I was so _____ on the fact that I had to close down my company that I had _____ all these years of hard work and accomplishments. Failure can be inspiring and it can lead to bigger and better things but nobody really talks about that process of how do you get there? How do you _____ a failure? How do you _____ it?

fixated

wiped away

get through

own

In the end we think that failure, or at least we hear so much how failure should be inspiring. I was so fixated on the fact that I had to close down my company that I had wiped away all these years of hard work and accomplishments. Failure can be inspiring and it can lead to bigger and better things but nobody really talks about that process of how do you get there? How do you get through a failure? How do you own it?

GRAMMAR



false friends

bilingual homophones

Words or expressions that have similar forms to the ones in a person's native language, but different meanings.

embarrassed:
avergonzado

embarazada:
pregnant

I'm terribly embarrassed but I've forgotten your name.

sensible:
sensato

sensible:
sensitive

As you've just lost your job, not buying the car is a sensible decision.

constipated:
estreñido

constipado:
to have a cold

If you ate more fiber you wouldn't get constipated.

actually:

en realidad

sorprendentemente

actualmente:

currently

I'm not sure what actually happened.

carpet:
alfombra

carpetta:
folder

Most houses in the US have carpets since it's too cold.

contest:

concurso
competición

contestar:

answer
reply

There's a running contest at my school next Friday.

for good:
para siempre

para bien:
for the better

She left the company for good.

elaborate:

desarrollar
(explicar mejor)

elaborar:

make
produce

Your idea sounds interesting. Could you elaborate?

well-educated:
con estudios

educado:
well-mannered

She wants her boyfriend to be handsome, funny, and well-educated.

brackets:
paréntesis

brackets:
braces

This word should go in brackets.

collar:

cuello de la camisa
collar de mascota
collar ortopédico

collar:
necklace

She carefully irons her husband's collars.

My dog always manages to take his collar off.

The doctor placed a collar around the victim's neck.

commodity:

mercancía
materia prima
lujo

comodidad:

comfort

Grains are the country's main export commodity.

Free time has become a commodity that only a few people enjoy.

compliment:
cumplido
halago

complemento:
complement
accessory

Shy people find it difficult to accept compliments and usually they blush.

retribution:
castigo

retribución:
payment
reward

She found retribution in running up his credit card debt.

signature:
firma

asignatura:
subject

John set up a signature that would appear at the bottom of all his outgoing emails.

eventually:
finalmente

eventualmente:
occasionalmente

He eventually decided to go back to college.

misery:

pena
miseria

miseria:

poverty
miser

Brian wanted to help his wife get over her misery.

reunion:
reencuentro

reunión:
meeting

The Friends Reunion was finally released in May.

deception:
engañó

decepción:
disappointment

His five years in government have led to frustration and deception.

support:
apoyar

soportar
(aguantar):
bear
put up with

I'll always support you no matter what.

pretend:

fingir

hacer de cuenta

pretender:

plan

expect

I'm not gonna eat it all, I was just pretending.

assist:
ayudar

asistir:
attend

Good teachers assist their students when they need help.

discuss:
hablar

discutir:
argue

They discussed politics for an hour.

parents:
padres

parientes:
relatives

Being a good parent can be hard.

present:

presentar algo
a alguien

presentar a
alguien:
introduce

Before presenting our project, I'd like to introduce you to a few co-workers.

realize:
darse cuenta

realizar:
make

I hope she realizes she's not a good teacher before it's too late.

P O L L

T I M E



Own your mistakes with Cristel Carrisi



I see this happen a lot in relationships but not taking the blame doesn't make us look any cooler. It just either makes us look like cowards or it makes us look like we're in total denial.

I am who I am and where I am today thanks to the consequences of my choices and my choices only, nobody else's.

As much as I really wanted to blame the Italian tax system for being the reason why I had to close my company down, I'm not gonna do that. I'm still trying not to do that.

If we're gonna be responsible for our goals, and for our ideals and our dreams, we're gonna have to be responsible for our failures so that one day we can truly be responsible for our successes.

But if you're not gonna make a mistake and finally admit to it and understand how and where you made the mistake, then what's the point in failing at all?

Number one: Be responsible. I know how boring this sounds but trust me, I'm going to try and make it interesting. When we make a mistake or when things go awfully wrong, our first instinct is usually to blame somebody else and not take full responsibility.



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Number one: Be responsible. I know how boring this sounds but trust me, I'm going to try and make it interesting. When we make a mistake or when things go awfully wrong, our first instinct is usually to blame somebody else and not take full responsibility. I see this happen a lot in relationships but not taking the blame doesn't make us look any cooler. It just either makes us look like cowards or it makes us look like we're in total denial. As much as I really wanted to blame the Italian tax system for being the reason why I had to close my company down, I'm not gonna do that. I'm still trying not to do that. But if you're not gonna make a mistake and finally admit to it and understand how and where you made the mistake, then what's the point in failing at all? I am who I am and where I am today thanks to the consequences of my choices and my choices only, nobody else's. If we're gonna be responsible for our goals, and for our ideals and our dreams, we're gonna have to be responsible for our failures so that one day we can truly be responsible for our successes.



Number two: Focus on you. I can't tell you how much time I've wasted worrying about what other people thought of me. I can't and when I'm not thinking about what other people are thinking about me, I'm comparing my life to other people's. In our generation, especially, we're constantly bombarded and flooded by images of completely unrealistic lifestyles on social media. My life looks incredible on Instagram and I promise you it's completely far from it. I have normal up and downs, just like everybody else's. I just choose not to show it on social media. I promise you I didn't take a selfie and post it the day that I was crying on my accountant's desk.



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Number three is balance. I had to find the balance within me where I was judging myself so harshly that I felt like a loser but I wasn't recognizing all my hard work and accomplishments. But I also had to take the right amount of responsibility and understand how and where I went wrong. I had to find that balance and meet myself in the middle because only through balance, you truly get clarity and only through clarity you really understand where the message is and you learn something.





Life is truly 10% what happens to us and 90% how we react to it. Yes, failure can be inspiring. Yes, it can lead us to bigger and better things. But the only true way we get there is if we learn something and if we own up to our failures. Thank you.

Q & A
time to ask

T H A N K

Y O U